

Approaches to Psychology Assignment

Use 2 of the following psychological approaches to examine the case study below.

- Psychoanalytic
- Behavioural
- Cognitive
- Sociocultural
- Humanistic
- Biological

First, briefly explain the approach you chose. Next, explain how someone who believes in this approach might analyze the case study to explain Judy and/or Peggy's behaviour. Your assignment should meet the following criteria:

- 12 point font, double spaced, minimum of 1 page length
- Explain the approach
- Analyze the case study
- Include a conclusion that connects the approach and your analysis
- Repeat (using a different psychological approach from the list)

Case Study:

"Judy received poor grades throughout most of her life. This year, when she found out that her parents were going to be divorced, her grades sank even lower. When confronted by Peggy, one of her best friends, she denied that the divorce had anything to do with her grades. In fact, she became so angry that she stopped talking to Peggy altogether. Peggy was hurt, but every day she tried to start a conversation. After a few weeks, Peggy's obvious concern and support helped Judy feel a little better, and she eventually started talking to Judy openly about the situation. She felt better and even began to raise her grades a little."

PLEASE ATTACH THIS SHEET TO YOUR ASSIGNMENT

Rubric

	3 mark	2 marks	1 mark	0 marks
Mechanics (2 marks)		The spelling, punctuation and capitalization used create a piece that flows and is easy to read	The spelling, punctuation and capitalization used create a piece that flows in places but has overall problems with readability	Incorrect spelling, punctuation and capitalization are used frequently, creating a piece that does not flow and is difficult to read.
Content (6 marks)	2 approaches have been discussed and the reasons for each choice is explained thoroughly.	2 approaches have been discussed but not explained thoroughly.	1 approaches have been discussed and explained.	1 approaches have been mentioned but not explained.
Structure (2 marks)		Introductory paragraph explains the approach. Body paragraph contains a detailed analysis of the case study. Closing paragraph connects the two.	Proper paragraph structure has usually been used throughout but is lacking in detail or is difficult to follow.	The piece is missing introductory and/or closing paragraphs. Confusing paragraph structure has been used throughout the piece.

Total: ___ /10