**Quiz Review**

* Describe anatomical position
* Apply anatomical terminology to the location of bones
  + Proximal/distal
  + Medial/lateral
  + Posterior/anterior
  + Internal/external
  + Superior/inferior
* Describe the planes (sagittal, frontal, transverse) and axis (frontal, sagittal, longitudinal) of movements of the skeleton
  + Flexion/extension
  + Abduction/adduction
  + Dorsiflexion/plantar flextion
  + Circumductoin
  + Rotation (internal and external)
  + Pronation/supination
  + Inversion/eversion
* Identify and label bones of the axial and appendicular skeleton
  + **Axial Skeleton**
    - Skull
    - Ribs
    - Sternum
    - Vertebral column (and its parts)
  + **Appendicular Skeleton**
    - Pectoral girdle (scapula and clavicle)
    - Humerus
    - Radius
    - Ulna
    - Carpals, metacarpals, phalanges
    - Pelvic girdle (ilium, ischium and pubis)
    - Femur
    - Patella
    - Tibia
    - Fibula
    - Tarsals, metatarsals, phalanges
* State the four types of bone (short, long, flat, irregular) and describe their functions
* Draw and annotate (describe) the structure of a long bone