**Quiz Review**

* Describe anatomical position
* Apply anatomical terminology to the location of bones
	+ Proximal/distal
	+ Medial/lateral
	+ Posterior/anterior
	+ Internal/external
	+ Superior/inferior
* Describe the planes (sagittal, frontal, transverse) and axis (frontal, sagittal, longitudinal) of movements of the skeleton
	+ Flexion/extension
	+ Abduction/adduction
	+ Dorsiflexion/plantar flextion
	+ Circumductoin
	+ Rotation (internal and external)
	+ Pronation/supination
	+ Inversion/eversion
* Identify and label bones of the axial and appendicular skeleton
	+ **Axial Skeleton**
		- Skull
		- Ribs
		- Sternum
		- Vertebral column (and its parts)
	+ **Appendicular Skeleton**
		- Pectoral girdle (scapula and clavicle)
		- Humerus
		- Radius
		- Ulna
		- Carpals, metacarpals, phalanges
		- Pelvic girdle (ilium, ischium and pubis)
		- Femur
		- Patella
		- Tibia
		- Fibula
		- Tarsals, metatarsals, phalanges
* State the four types of bone (short, long, flat, irregular) and describe their functions
* Draw and annotate (describe) the structure of a long bone